



**ROCKLAND PLUS  
PLANNING FOR HEALTHY SUSTAINABLE COMMUNITY**

**Social Interactions for all Ages  
& Stages of Life**

- \_\_\_\_\_ Community Garden
- \_\_\_\_\_ Community Pool
- \_\_\_\_\_ Community Center with open gym time, seasonal events, workshops/trainings
- \_\_\_\_\_ Lake for fishing , skating & boating
- \_\_\_\_\_ Movie Theater
- \_\_\_\_\_ Natural parkland with trails & scenic areas such as beachfront, woodlands & overlooks
- \_\_\_\_\_ Plaza/Lawn with gazebo or stage for outdoor theater & concert
- \_\_\_\_\_ Public Park with Playground, picnic & recreation areas
- \_\_\_\_\_ Skateboard Park
- \_\_\_\_\_ Sports Complex
- \_\_\_\_\_

**Environment: Enhancing Existing Resources**

- \_\_\_\_\_ Large older trees
- \_\_\_\_\_ New building design that fits the existing neighborhood
- \_\_\_\_\_ Pond/Lake preserved as wildlife habitat
- \_\_\_\_\_ Protected historic sites and stone walls
- \_\_\_\_\_ Undisturbed wilderness area for diverse wildlife (any size)
- \_\_\_\_\_ Wilderness corridors and greenways to connecting parks

**Transit: Making Connections**

- \_\_\_\_\_ Accessible, comfortable & well-connected bus stops
- \_\_\_\_\_ Centralized shopping
- \_\_\_\_\_ Cul-de-sac streets with dead ends
- \_\_\_\_\_ Mixed use of areas/buildings – residential & commercial
- \_\_\_\_\_ Paths, foot bridges along streams and ponds
- \_\_\_\_\_ Train Station with connections to nearby communities and city centers
- \_\_\_\_\_ Wide, paved walkways & bike paths linking social spaces, schools, businesses, recreation, etc.

**Services within Walking**

**Distance**

- |                          |  |  |
|--------------------------|--|--|
| _____ Cafe or restaurant | _____ Farmer’s Market                      | _____ Neighborhood Center with meeting rooms & kitchen |
| _____ Corner store       | _____ Housing for all ages &stages of life | _____ Senior Center                                    |
| _____ Day Care Center    | _____ Medical Facility                     |  |

Based on Karl Kehde’s “Smarter Land Use” Project – karl@landuse.org

<http://www.ldeo.columbia.edu/plus>