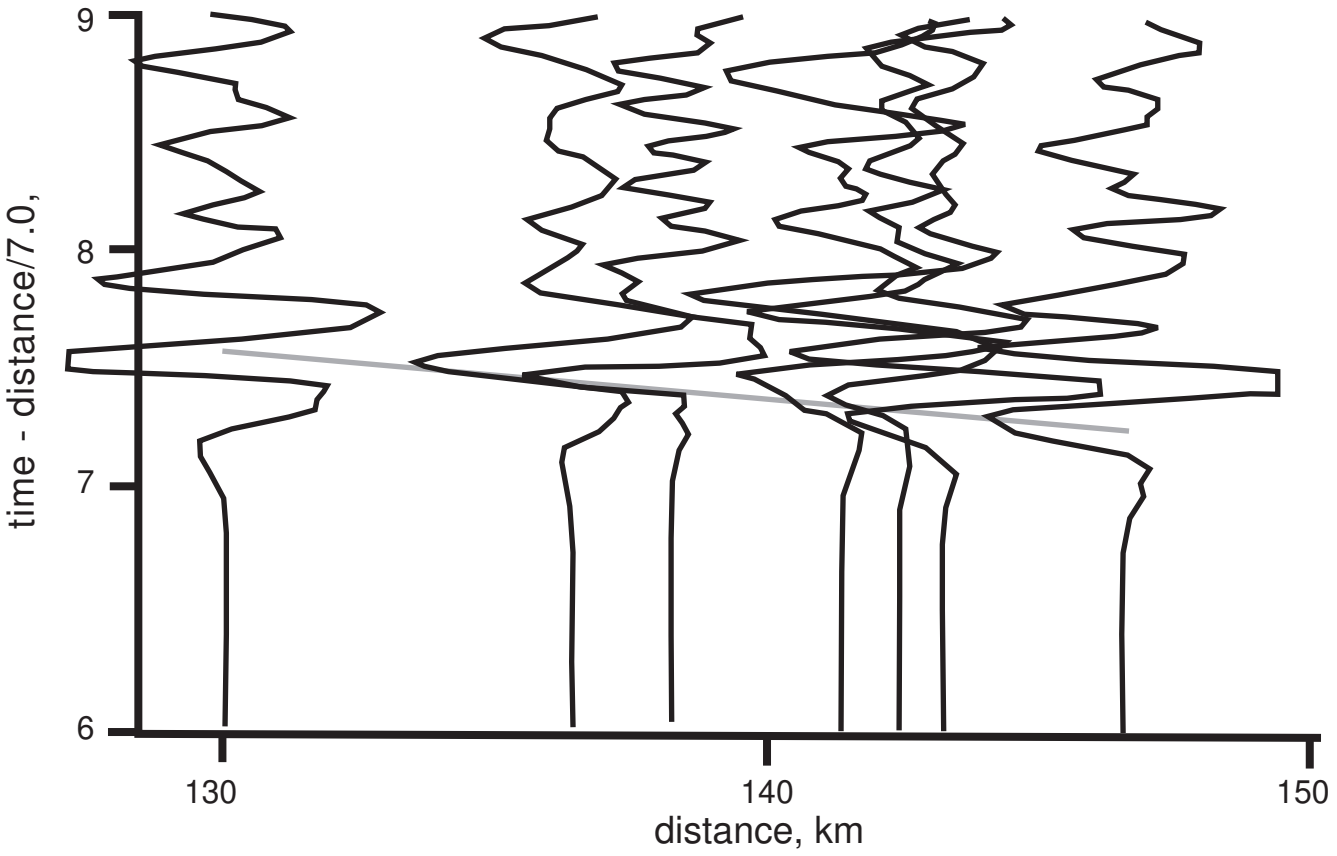
9
8
7
6
time - distance/7.0,
130
140
150
distance, km