

Let $p(x,t)$ be The probability The particle is at position x at time t .

Let $\Psi(x,t)$ be The corresponding wavefunction

Only The choice $p = \Psi^* \Psi$ preserves The usual addition rule for probability, when applied to a modal representation.

Modal representation (ie sum of states):

$$\Psi(x,t) = \sum_n a_n \psi_n(x) e^{i\omega_n t}$$

note orthonormality of modes (= states): $\int \psi_n \psi_m dx = \delta_{nm}$
note rule for conjugation $(x \cdot y)^* = x^* \cdot y^*$.

Then The probability that a particle is somewhere is:

$$\begin{aligned} \int p(x,t) dx &= 1 = \int \Psi \Psi^* dx = \sum_n \sum_m a_n a_m^* \int \psi_n \psi_m^* dx e^{i(\omega_n - \omega_m)t} \\ &= \sum_n \sum_m a_m^* a_n \delta_{nm} e^{i(\omega_n - \omega_m)t} = \sum_n a_n^* a_n \end{aligned}$$

so $1 = \sum_n a_n^* a_n$, meaning the probability that

the particle is somewhere is The probability that it is in one of its modes (= states). This is The usual rule for addition of probabilities. Note that it would not be true if $p = |\Psi^* \Psi|^{1/2}$ because one could then not commute The integral and The sum in The above representation.

Hence in my way of looking at Things, the choice $p = \Psi^* \Psi$ is required for p to behave like a probability.

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