Sports Resume: Bill Menke



Paddling my racing kayak *Nue' Ardente* on Lake Sabago, NY

Biographical and Contact Born October 15, 1954 in Queens, New York United States Citizen Address: 75 Pine Tree Lane, Tappan NY 10983 USA menke@ldeo.columbia.edu, Phone (845) 304-5381

Sports Cross-country Skiing Downhill Skiing Flatwater Sprint Kayak Racing Hiking Sea Kayaking Snowshoing

Certifications ACA Instructor, Introduction to Canoe and Kayak, 2006

Significant Events

Hiked all Harriman Park (NY) Trails and Roads, 2003 Great Hudson River Paddle, Albany-New York City, 2003 Saguenay River Paddle, St. Rose-Tadoussac, Quebec, 2006

Memberships

Adirondack Mountain Club (ADK) American Canoe Association (ACA) Appalachian Mountain Club (AMC) Diplomat Health and Swim Club New York / New Jersey Trail Conference Rockaway Olympic Canoe and Kayak Club (ROCK) USA Canoe and Kayak (USACK)

Awards and Honors

Gold Medal, K-2 Men's Masters 500 m, 2007 NYS Empire State Games (2:08.81)
Gold Medal, K-1 Men's Masters 500 m Category E, 2006 USACK Flatwater Sprint Masters National Championships (2:22.02)
Gold Medal, K-4 Men's Masters 500 m Category C, 2006 USACK Flatwater Sprint Masters National Championships (01:48.35)
Silver Medal, K-1 Men's Masters 5000 m Category E, 2006 USACK Flatwater Sprint Masters National Championships (29:08.53)
Team Leader, USA Women's Canoe Team, 2005 Pan American Championships
Assistant Coach, USA Canoe and Kayak Team, 2004 Pan American Championships
Gold Medal, Men's Senior 1000m K-4 kayak race, 2004 ACA Atlantic Divisional Championships (3:59.60)
Hudson Valley Team, Sprint Kayak, 2007, 2003 NYS Empire State Games
ROCK Team Field Support, USACK National Championships, 1998-2006.