October 9, 2013 I am in the heart of the Hudson River Headwaters, surrounded by the Adirondack Mountain High Peaks. Straight ahead is Calamity Mountain splitting the High Peak drainage of (from left to right) Mts. Iroquois, Boundary, Algonquin, Phelps, Colden, and Marcy on the right. Calamity Brook flows to the left and Opalescent River to the right of Calamity. The photo above was taken at the Henderson Lake Outlet where the section of water we call the Hudson River first takes its name. Water enters the Lake from both the Calamity Brook and the Opalescent River and exits as one river – Our Hudson!

A DAY IN THE LIFE OF THE HUDSON RIVER 2013

A personal journey and photo essay by Doug Reed

The water moves with force at the Hudson River start in the North. It begins a journey down from the elevated peaks in the Adirondacks to the much flatter freshwater upper Hudson. It travels over 150 miles, half its length, before it enters the estuary section of the river for another ~153 miles, traveling South until it enters the Atlantic Ocean.