

Harmonic Series for Products of Powers of Sines and Cosines

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I worked out these identities from first principles and have verified them numerically.

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$\sin \theta$

$\cos \theta$

$$\sin^2 \theta = \frac{1}{2} - \frac{1}{2} \cos 2\theta$$

$$\sin \theta \cos \theta = \frac{1}{2} \sin 2\theta$$

$$\cos^2 \theta = \frac{1}{2} + \frac{1}{2} \cos 2\theta$$

$$\sin^3 \theta = \left(\frac{3}{4}\right) \sin \theta - \frac{1}{4} \sin 3\theta$$

$$\sin^2 \theta \cos \theta = \frac{1}{4} \cos \theta - \frac{1}{4} \cos 3\theta$$

$$\sin \theta \cos^2 \theta = \frac{1}{4} \sin \theta + \frac{1}{4} \sin 3\theta$$

$$\cos^3 \theta = \left(\frac{3}{4}\right) \cos \theta + \frac{1}{4} \cos 3\theta$$

$$\sin^4 \theta = \left(\frac{3}{8}\right) - \frac{1}{2} \cos 2\theta + \left(\frac{1}{8}\right) \cos 4\theta$$

$$\sin \theta \cos^3 \theta = \frac{1}{4} \sin 2\theta + \left(\frac{1}{8}\right) \sin 4\theta$$

$$\sin^2 \theta \cos^2 \theta = \left(\frac{1}{8}\right) - \left(\frac{1}{8}\right) \cos 4\theta$$

$$\sin^3 \theta \cos \theta = \frac{1}{4} \sin 2\theta - \left(\frac{1}{8}\right) \sin 4\theta$$

$$\cos^4 \theta = \left(\frac{3}{8}\right) + \frac{1}{2} \cos 2\theta + \left(\frac{1}{8}\right) \cos 4\theta$$

$$\sin 2\theta \sin^2 \theta = \frac{1}{2} \sin 2\theta - \frac{1}{4} \sin 4\theta$$

$$\sin 2\theta \cos^2 \theta = \frac{1}{2} \sin 2\theta + \frac{1}{4} \sin 4\theta$$

$$\sin 2\theta \sin \theta \cos \theta = \frac{1}{4} - \frac{1}{4} \cos 4\theta$$

$$\cos 2\theta \sin^2 \theta = -\frac{1}{4} + \frac{1}{2} \cos 2\theta - \frac{1}{4} \cos 4\theta$$

$$\cos 2\theta \cos^2 \theta = \frac{1}{4} + \frac{1}{2} \cos 2\theta + \frac{1}{4} \cos 4\theta$$

$$\cos 2\theta \sin \theta \cos \theta = \frac{1}{4} \sin 4\theta$$