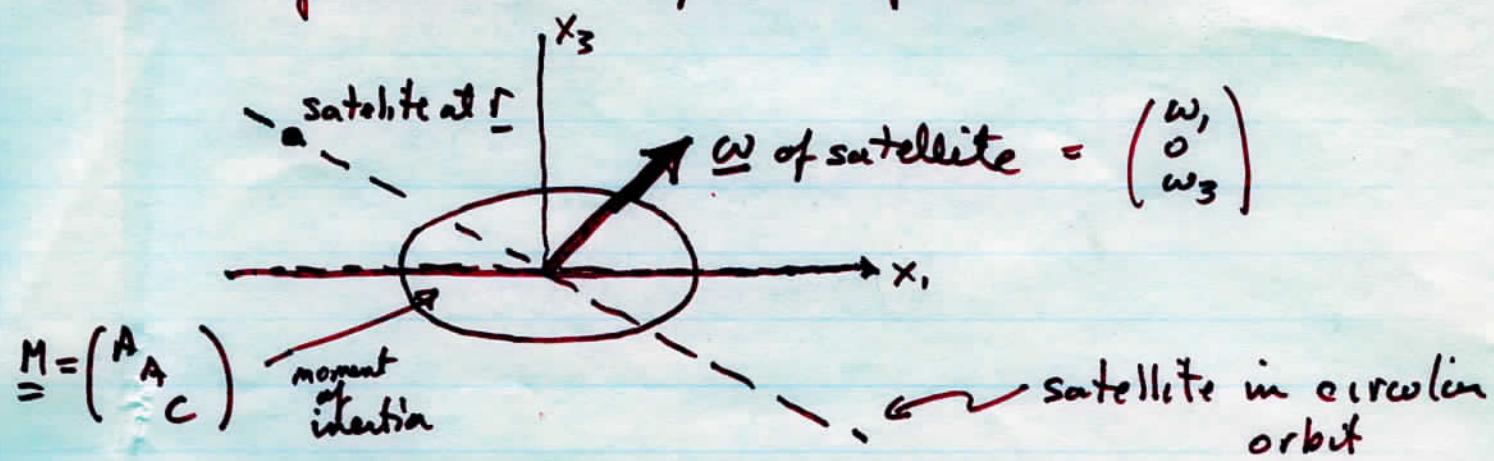


Precession of Satellite = regression of the nodes



Following Henkel & Abbott 4.3.16

$$\underline{\tau} \propto (\underline{M} \cdot \underline{r}) \times \underline{r} = \begin{bmatrix} (A-C) r_2 r_3 \\ (C-A) r_1 r_3 \\ 0 \end{bmatrix}$$

Newton's law $\tau = \frac{d}{dt} \underline{j}$

$$\underline{j} \propto \underline{r} \times \dot{\underline{r}} \quad \text{and} \quad \dot{\underline{r}} = \underline{\omega} \times \underline{r} \quad \underline{\omega} = \text{angular velocity of satellite}$$

$$\tau = \frac{d}{dt} (\underline{r} \times (\underline{\omega} \times \underline{r})) = \frac{d}{dt} [r^2 \underline{\omega} - (\underline{r} \underline{\omega}) \underline{r}] \quad \text{since } A \times (B \times C) = (A \cdot C)B - (A \cdot B)C$$

Suppose orbit circular,

so $\dot{r} = 0$. Then

$$\dot{\underline{\omega}} = \frac{\tau}{r^2}$$

Then note

$$\underline{\omega} \cdot \dot{\underline{\omega}} = \text{component of } \dot{\underline{\omega}} \parallel \underline{\omega} = \begin{pmatrix} (A-C) r_2 r_3 \omega_1 \\ 0 \\ 0 \end{pmatrix}$$

but $\langle \underline{\omega} \cdot \dot{\underline{\omega}} \rangle$ cancel out along orbit

note $\dot{\omega}_2 \propto$ orbital precession rate

$\propto (C-A) r_1 r_3$. but $\langle \dot{\omega}_2 \rangle \neq 0$
since signs of r_1 and r_3 anticorrelate
 $r_1 r_3 \neq 0$ even though on orbit