Constraints from Invariant Subtropical Vertical Velocities on the Scalings of Hadley Cell Strength and Downdraft Width with Rotation Rate

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ABSTRACT: Weak-temperature-gradient influences from the tropics and quasigeostrophic influences from the extratropics plausibly constrain the subtropical-mean static stability in terrestrial atmospheres. Because mean descent acting on this static stability is a leading-order term in the thermodynamic balance, a state-invariant static stability would impose constraints on the Hadley cells, which this paper explores in simulations of varying planetary rotation rate. If downdraft-averaged effective heating (the sum of diabatic heating and eddy heat flux convergence) too is invariant, so must be vertical velocity—an “omega governor.” In that case, the Hadley circulation overturning strength and downdraft width must scale identically—the cell can strengthen only by widening or weaken only by narrowing. Semiempirical scalings demonstrate that subtropical eddy heat flux convergence weakens with rotation rate (scales positively) while diabatic heating strengthens (scales negatively), compensating one another if they are of similar magnitude. Simulations in two idealized, dry GCMs with a wide range of planetary rotation rates exhibit nearly unchanging downdraft-averaged static stability, effective heating, and vertical velocity, as well as nearly identical scalings of the Hadley cell downdraft width and strength. In one, eddy stresses set this scaling directly (the Rossby number remains small); in the other, eddy stress and bulk Rossby number changes compensate to yield the same, $-\Omega^{-1/3}$ scaling. The consistency of this power law for cell width and strength variations may indicate a common driver, and we speculate that Ekman pumping could be the mechanism responsible for this behavior. Diabatic heating in an idealized aquaplanet GCM is an order of magnitude larger than in dry GCMs and reanalyses, and while the subtropical static stability is insensitive to rotation rate, the effective heating and vertical velocity are not.

KEYWORDS: Atmosphere; Dynamics; Hadley circulation; Planetary atmospheres; Vertical motion; Climate models

1. Introduction

Terrestrial atmospheres in which both tropical and extratropical dynamical regimes exist are thought to be common (as on Earth, Mars, and likely many identified exoplanets; e.g., Showman et al. 2014). Their atmospheres are neither dominated by zonally banded dynamics as on the gas giants, nor by global Hadley cells as on Venus and Titan. Instead, the Hadley cell descending branches sit roughly in the transitional, subtropical zone. In this planetary context, “subtropical” is not restricted to the $-25^\circ$–$35^\circ$ latitude band corresponding to the subtropics for Earth, but rather wherever the transitional region falls in which the large-scale circulation is neither strongly divergent and convectively driven as in the deep tropics nor sufficiently horizontal so as to be unambiguously quasigeostrophic as in the extratropics.

This inherent mediocrity of the subtropics provides the Hadley cell descending branch a certain freedom that limits the predictive power of existing dynamical theories based on either limit of the zonal momentum balance, usually expressed in terms of the local Rossby number ($R_{o_L}$, defined formally below). On the one hand, nearly inviscid, axisymmetric, $R_{o_L} \sim 1$ theories (Held and Hou 1980) that are reasonable and useful for the deep tropics neglect the often leading-order zonally asymmetric eddy processes (e.g., Becker et al. 1997). On the other, the eddy-driven, $R_{o_L} \ll 1$ theories (e.g., Walker and Schneider 2006) entirely neglect vorticity advection by the mean flow, an assumption at odds with observed and simulated subtropical angular momentum distributions (e.g., Schneider 2006). Moreover, even if a particular Hadley cell happens to fall squarely within either regime, this is merely diagnostic: in response to some perturbation it can move between these limits (increase or decrease its $R_{o_L}$ value) just as well as it can respond as the relevant limiting theory would predict.

Regardless of the dynamical regime, the diabatic warming generated by mean descent in the Hadley cell downdraft acting on positive static stability is virtually always of leading-order thermodynamic importance, balancing the combination of diabatic cooling and eddy heat flux divergence or convergence. And unlike the variations in the dynamical regime, there are good reasons to expect the static stability to vary only modestly across planetary parameters for a given diabatic forcing distribution. From the deep tropics side, the static stability is constrained by convection and wave dynamics to be roughly constant and nearly independent of planetary rotation rate (Sobel et al. 2001). From the extratropical side, quasigeostrophic arguments (Jansen and Ferrari 2013) suggest that the extratropical static stability will stay fixed as planetary rotation rate is varied. Given these influences emanating from both poleward and equatorward sides, it is reasonable to imagine
that the subtropical static stability (or at least its average) is likewise constrained.¹

If, in addition to the static stability, the meridional average over the downdraft at the level of the maximum streamfunction of the diabatic heating plus eddy heat flux divergence, Q_{eff} (formally defined below), is independent of rotation rate, then the magnitude of vertical velocities must be fixed. We term this the “omega governor” because vertical (pressure) velocities are limited or “governed” by fixed static stability and Q_{eff}. Even more so than for the static stability, there is no a priori argument for constant Q_{eff}. Yet we will show that both the downdraft-averaged static stability and eddy-plus-diabatic heating terms—and with them, vertical velocity—do stay fixed across simulations in two idealized, dry general circulation models. With simple arguments, we will demonstrate that eddy and diabatic heating have opposite scalings with rotation rate, creating eddy-plus-diabatic compensation and resulting in fixed Q_{eff}.

By “dry,” we refer to the absence of an explicit representation of the effects of latent heating. We do, however, implicitly include the stabilizing effect of latent heating in the temperature relaxation or adjustment by processes described in section 3. In this sense, one might interpret our dry-stable atmospheres as being representative of “moist” atmospheres that lack latent effects associated with dynamical moisture transport and convergence. This difference appears to be quite important, as described in section 5. Thus, our working definition of “dry” model forcing is shorthand for “dry-stable.” Note that even in dry simulations that are adjusted to dry-neutral stability by convection, the circulation itself creates a stable region by advecting high-entropy air into the upper troposphere from the stratosphere (Caballero et al. 2008).

The implications of the omega governor for Hadley cells are this paper’s focus. We show that the omega governor constraint closely links eddy stresses to the strength and width of the Hadley cell downdraft; formally, we develop a new theory that yields identical scalings with rotation rate for the width of the Hadley cell downdraft and the Hadley cell overturning strength. In section 2 we present the theory. We then test it against simulations in two dry, idealized GCMs; the model and simulation specifications are described in section 3 and the results in section 4. Section 5 presents the results of analogous simulations performed in an idealized, moist, aquaplanet GCM. We conclude in section 6 with a summary and discussion.

2. Theory

a. Why downdraft-averaged ω should be insensitive to Ω

In the deep tropics, convection within the intertropical convergence zone (ITCZ) controls the local static stability (e.g., Sobel et al. 2001). The small Coriolis parameter then communicates this concentrated diabatic heating horizontally via gravity waves (Sato 1994; Fang and Tung 1996). This weak temperature gradient (WTG) constraint (Sobel et al. 2001) can be expected to have some influence into the subtropics, even though the Coriolis parameter grows and WTG is less valid moving poleward. This applies equally to dry atmospheres as to moist atmospheres, with the presence of moist convection (or its organization into single or double ITCZ structures) primarily altering the static stability itself (e.g., Numaguti 1993; Blackburn et al. 2013), rather than the meridional extent of the WTG zone.

In the extratropics, to first order the large-scale dynamics are quasigeostrophic, and the predominant heat balance is between the residual mean overturning and eddy flux divergences. In dry atmospheres, the extratropical eddy heat fluxes are primarily adiabatic, i.e., along isentropes, and in marginally or strongly baroclinically supercritical atmospheres (which should characterize the extratropics of most terrestrial atmospheres), this causes the extratropical static stability to vary weakly with planetary rotation rate (Jansen and Ferrari 2013).

Combining these tropical and extratropical influences, then, to first order one can expect a meridional profile of static stability in the free troposphere that is flat both at low latitudes and (though not generally at the same value as in the tropics) in midlatitudes. This means the static stability will vary in latitude in the subtropics from the tropical to extratropical values. But importantly the average subtropical value is unlikely to change even if the width of the subtropics changes, as is likely under rotation rate variations. In the simplest case of a linear variation of static stability with latitude over the subtropics, the average value will remain fixed.

There is less theoretical basis for Q_{eff} averaged over the Hadley cell downdraft to be independent of rotation rate. Particularly for moist atmospheres but in dry atmospheres as well, the diabatic heating will depend on the circulation itself as well as (in models) the physical parameterizations of radiation and convection. In addition, breaking eddies generally act to transport heat poleward, overlapping with the heat transport of the Hadley cell but extending further into the extratropics (Trenberth and Stepaniak 2003). In principle, this alters the thermodynamic constraint on vertical velocities in the downdraft, but in practice the eddy heat flux convergence can simply be treated as a separate heating term contributing to the zonal-mean energetics.²

Moreover, as shown below the sum of diabatic and eddy heat flux convergence, Q_{eff} is remarkably constant across a broad range of rotation rates in both dry models we use. Decreasing

¹Our working definition of the downdraft is the latitudinal extent from the streamfunction maximum to the latitude where it drops to 10% of the maximum going poleward. Downdraft-averaged quantities are defined as the meridional average across these latitudes at the level of the maximum of the streamfunction.

²There is a rich history of treating the eddy heat (and momentum) flux divergences diagnostically as forcing terms on the mean meridional circulation, perhaps most formally via the Kuo–Eliassen equation (Eliassen 1951; Kuo 1956; Lorenz 1967), which remains in use in recent times (e.g., Chemke and Polvani 2018), or by imposing diagnosed eddy stress and heating fields as forcings in quasi-axisymmetric simulations (e.g., Singh and Kuang 2016; Singh et al. 2017, and references therein).
baroclinic eddy heat flux convergence is expected with decreasing rotation rate, and so the diabatic heating must be increasing to compensate. Scaling arguments based on a diffusive approximation for eddy heat flux convergence and column-integrated diabatic heating demonstrate the origins of this compensation.

Column-integrated diabatic heating is proportional to the difference between the vertical integral of potential temperature and that of the prescribed Newtonian cooling equilibrium potential temperature. The regions of positive and negative column-integrated diabatic heating approximately exhibit “equal-area” behavior (Held and Hou 1980), in that the meridional- and column-integrated diabatic heating over the tropics vanishes. Therefore, as rotation rate is decreased and the cells widen, column-integrated diabatic heating of the downdraft (updraft) grows in magnitude, becoming more negative (positive). This behavior of column-integrated diabatic heating is not identical to that at the cell-center level, but the two are of the same sign. Thus, we arrive at our understanding of how diabatic heating scales negatively with rotation rate.

As noted above, eddy heat flux convergence due to baroclinic eddies is expected to scale positively with rotation rate as density surfaces steepen and available potential energy increases. A diffusive approximation to the eddy heat flux at the Hadley cell edge confirms this expectation; a more detailed discussion can be found in the appendix.

Why the eddy heat flux convergence and diabatic heating are of the same magnitude (to allow them to compensate one another) is less clear; however, the heating rates themselves can be compared to observations to determine their realism. Reanalyses show that diabatic heating in the real atmosphere (Wright and Fueglistaler 2013) is \( \sim 1 \text{ K day}^{-1} \), which we will show is roughly in accord with our dry-stable model simulations (Figs. 2 and 6). This correspondence along with the compensation found in the dry-stable models indicate that the physics behind the omega governor may be relevant to the real atmosphere.

With both the static stability and effective heating fixed in the downdraft average, then provided their covariance within the downdraft also varies weakly, it follows that the descent rate averaged over the Hadley cell downdraft must also be fixed. More formally, begin with the time-mean, zonal-mean thermodynamic equation in regions of purely vertical zonal-mean flow such that horizontal advection by the mean flow vanishes:

\[
\frac{\partial \tilde{T}}{\partial \bar{p}} + \frac{1}{\bar{u} \cos \phi \partial \bar{p}} (\cos \bar{v} \theta') + \frac{\partial}{\partial \bar{p}} (\bar{v} \theta') = \bar{Q} \left( \frac{\bar{p}}{\overline{\rho}} \right)^{-\kappa},
\]

with potential temperature \( \theta', \kappa = R/C_p, \) gas constant \( R, \) specific heat at constant pressure \( C_p, \) diabatic forcing \( \bar{Q} \) (K s\(^{-1}\)), overbars denoting temporal and zonal averages, and primes deviations therefrom. The divergence of eddy heat fluxes are represented by the second and third terms on the lhs of (1). Solving (1) for zonal-mean vertical velocity and taking the meridional mean over the downdraft,

\[
\left[ \bar{w} \right] = \left[ \frac{Q_{\text{eff}}}{\partial \bar{p}} \right],
\]

where square brackets constitute meridional averages spanning the downdraft of the Hadley cell at the level of the cell center and

\[
Q_{\text{eff}} = Q_{\text{tot}} + \text{EHFC},
\]

where \( Q_{\text{eff}} = \bar{Q}(p/p_0)^{-\kappa} \) and EHFC = \(-(1/\bar{u} \cos \phi \partial \bar{p} / \partial \bar{v} \theta')/\bar{v} \theta'\). The “eff” subscript underscores that this is an “effective” heating experienced by the mean circulation, including as it does both the diabatic heating and the eddy heat flux convergence. In the strongly eddying, \( Ro \ll 1 \) limit, the eddy terms in (3) are likely important.\(^4\) In the axisymmetric, \( Ro \sim 1 \) limit, (3) reduces to the diabatic heating provided transient symmetric instabilities do not generate appreciable heat flux divergences. In non-eddy-permitting simulations, the response of the Hadley cell to imposed eddy heat flux convergence (EHFC)-like heating is primarily angular-momentum conserving (Singh et al. 2017), as would be expected from thermodynamic considerations, and lends credibility to our grouping of EHFC and \( Q_{\text{tot}} \) into an effective heating \( Q_{\text{eff}} \).

With \( [Q_{\text{eff}}] \) and \( [\partial \bar{w}/\partial \bar{p}] \) fixed, (2) implies a value for \( [\bar{w}] \) that is independent of rotation rate—and, importantly, of the Rossby number.

b. Hadley cell dynamical theories

If an atmosphere is axisymmetric, inviscid above the boundary layer, and with ascent out of the boundary layer occurring at a single latitude, the resulting free-tropospheric flow must be angular-momentum conserving (AMC). The local Rossby number \( R_{Oz} = -\bar{\Omega} / f, \) where \( \bar{\Omega} = -\bar{\omega} \bar{u} / \bar{y} \) is the zonal-mean relative vorticity, and \( f \) is the Coriolis parameter) then is unity throughout the Hadley cells (Held and Hou 1980). Axisymmetric theory compares the vertically integrated thermodynamic equation in radiative-convective equilibrium to its gradient-balanced AMC counterpart and then appeals to temperature continuity and energy conservation to predict the Hadley cell width. Notably, the AMC perspective primarily constrains the width of the Hadley circulation; one must appeal to the thermodynamic balance of the descending branch described above to estimate the circulation strength, typically measured by the maximum of the overturning streamfunction. The AMC model requires that eddy stresses and heat flux divergences be negligible throughout the Hadley cells.

\(^3\) The equal-area construction technically only applies to an axisymmetric, inviscid atmosphere, but similar constraints can be derived for nonaxisymmetric atmospheres for instance by parameterizing eddy processes as downgradient diffusion on the axisymmetric state.

\(^4\) Though, strictly, they need not be; in principle eddies (especially barotropic ones) could effect large stresses but small eddy heat flux divergences.
resulting dependence of the Hadley cell width and strength on planetary rotation are quite steep: $\Omega^{-1}$ and $\Omega^{-3}$, respectively.

Eddy stresses, however, are not generally negligible, and angular momentum is not generally uniform even along individual streamlines, let alone over the expanse of the entire circulation (e.g., Adam and Paldor 2009; Hill et al. 2019). Baroclinic eddies generated in midlatitudes propagate equatorward and break, drawing westerly momentum poleward out of the subtropics. In response, the Hadley circulation transports angular momentum poleward to meet the momentum demand of the breaking eddies. In this way and in the limit $Ro_L \ll 1$, the strength of the Hadley circulation can be thought of as being determined by the momentum budget in the subtropics (e.g., Becker et al. 1997; Kim and Lee 2001; Walker and Schneider 2006; Held 2019).

Neither limit is perfect—large portions of the tropical free troposphere on Earth and other atmospheres are routinely in an intermediate regime. $Ro < 1$ but not $Ro \ll 1$—but there are times/locations where $Ro \geq 0.7$, mostly in the deep tropics, while in the subtropics often $Ro \sim 0.1$ (Schneider 2006).

c. Combining fixed [$\overline{\sigma}$] with existing Hadley cell theory: The ''omega governor''

We define the Hadley cell strength as the maximum within the cell of the zonal-mean mass streamfunction,

$$\Psi(\phi, p) = 2\pi a \cos \phi \int_p^\infty \frac{\overline{\sigma} dp}{g},$$

with planetary radius $a$, latitude $\phi$, surface pressure $p$, meridional velocity $v$, gravity $g$, and an overbar denoting a temporal and zonal average. Equivalently, the streamfunction can be calculated as

$$\Psi(\phi, p) = \frac{2\pi a^2}{g} \int_{\phi_0}^\phi \overline{\sigma} \cos \phi d\phi,$$

with zonal- and time-mean vertical (pressure) velocity $\overline{\sigma}$ and $\phi_0$ being a latitude where the streamfunction is zero, i.e., at the cell edges.

In the upper, poleward-flowing branch of the Hadley circulation near the latitude of the maximum mass flux (i.e., the cell center), we expect a dominant balance between meridional advection of absolute vorticity and eddy momentum flux divergence,

$$(f + \overline{\zeta}) \overline{\sigma} = (1 - Ro_L) f \overline{u} \simeq s,$$

where

$$s = \frac{1}{a \cos \phi} \frac{\partial}{\partial \phi} (\cos \phi \overline{u'} \overline{\sigma}') + \frac{\partial}{\partial p} (\overline{u'} \overline{\sigma})$$

is the eddy momentum flux divergence, $\overline{\zeta}$ is the zonal mean relative vorticity, $f$ is the planetary vorticity, and $u'$ and $\overline{u'}$ are the deviations from the zonal and time mean of the horizontal wind (Walker and Schneider 2006). If $Ro_L = 1$, it must be the case that $s = 0$, and thus (6) is degenerate, providing no constraint on the flow. Integrating (6) vertically from the level of the streamfunction maximum, $p_m$, to the top of the circulation where there is vanishing mass flux, $p_r$,

$$\int_{p_m}^{p_r} (1 - Ro_L) f \overline{u} \frac{dp}{g} \simeq \int_{p_m}^{p_r} s \frac{dp}{g}.$$

Then multiplying both sides by $2\pi a \cos \phi$, and, following Singh and Kuang (2016), defining a mass-weighted bulk Rossby number,$^5$ $Ro$, we arrive at

$$\Psi_{\text{vmax}} (1 - Ro) \simeq \frac{S}{f},$$

where $S = 2\pi a \cos \phi \int_{p_m}^{p_r} s \frac{dp}{g}$ and $\Psi_{\text{vmax}}(\phi)$ is the value of the streamfunction at the level of the overall Hadley cell maximum mass flux.$^6$ Equation (9) makes clear the dependence of the max streamfunction on the (bulk) Rossby number; if $Ro \ll 1$, the demand for momentum by breaking extratropical eddies [rhs of (9)] must be consistent with poleward Hadley cell momentum transport; if $Ro \sim 1$, the momentum budget of the upper branch of the Hadley cell does not constrain the Hadley circulation strength.

More formally, since (5) and (9) must equal one another at the level of the maximum mass flux of the Hadley cell, $p_m$, we have

$$\Psi_{\text{vmax}} (1 - Ro) \simeq \frac{2\pi a^2 [\overline{\sigma}]_{\text{vmax}} (\sin \phi - \sin \phi_0)}{g},$$

with zonal- and meridional-mean vertical velocity at the level of the maximum mass flux,

$$[\overline{\sigma}]_{\text{vmax}} = \frac{\int_{\phi_0}^\phi \sigma(\phi, p_m) \cos \phi d\phi}{\sin \phi - \sin \phi_0}.$$

Setting $\phi = \phi_{\text{vmax}}$ and $\phi_0 = \phi_h$, where $\phi_h$ is the cell’s poleward edge, (10) becomes

$$\frac{S}{f} \simeq \frac{2\pi a^2 [\overline{\sigma}]_{\text{vmax}}}{g} (\sin \phi_{\text{vmax}} - \sin \phi_h) \quad \text{if} \quad Ro \ll 1.$$  

If $[\overline{\sigma}]_{\text{vmax}}$ is constant and in the small-angle limit $[\phi_h, \phi_{\text{vmax}}] \ll 1$, (12) further reduces to

$$\frac{S}{f} \simeq \frac{2\pi a^2 [\overline{\sigma}]_{\text{vmax}}}{g} (\phi_h - \phi_{\text{vmax}}) \quad \text{if} \quad (Ro, \phi_h, \phi_{\text{vmax}}) \ll 1.$$  

$^5$ $Ro_L$ and $Ro$ are to be distinguished from the thermal Rossby number, $Ro_{th}$, which is a control parameter in the theory of Held and Hou (1980) and others. The thermal Rossby number is a scalar defined in terms of planetary parameters with a specified dependence on rotation rate, $Ro_{th} \sim \Omega^{-2}$, while the local ($Ro_L$) and bulk ($Ro$) Rossby numbers are functions of latitude and pressure and are diagnosed from a given simulation.

$^6$ Note that our (9) differs from that in Singh and Kuang (2016) in that the mass streamfunction is in kg s$^{-1}$ rather than kg m$^{-1}$ s$^{-1}$.

$^7$ While (9) is valid at any latitude meeting the given assumptions, henceforth, we use it only at the latitude of the maximum streamfunction, $\phi = \phi_{\text{vmax}}$. 


By (9) and (13), respectively, the cell overturning strength and downdraft width (in latitude), \( \varphi_h \) and \( \varphi_{\text{max}} \), are both proportional to \( S/f \). Eddy stresses determine the overturning strength, which for a fixed ascent rate can only be altered as the planetary rotation rate is varied by making the cell downdraft narrower or wider (see also So et al. 2014).

This is not a closed theory, since both \( S/f \) and Ro must be diagnosed from simulations. But given \( S/f \) and Ro the width and the strength have the same scaling with rotation rate. If in addition Ro is small, these scalings are set by—and are identical to—that of the eddy momentum flux divergence. Indeed, the Hadley cell widths and strengths do follow simple and nearly identical power laws across a wide range of rotation rates in our dry simulations, in one model despite large variations in Ro, as we now describe.

3. Model and simulation descriptions

We examine the accuracy of the preceding theoretical arguments using model simulations performed in two idealized GCMs with no latent heating.

The first model uses the Flexible Modeling System (FMS) spectral dynamical core (Gordon and Stern 1982) forced with simple, linearized diabatic and frictional terms as in the Held–Suarez benchmark (Held and Suarez 1994). The equilibrium temperature profile to which temperatures are relaxed via Newtonian cooling, from Mitchell and Vallis (2010), differs from the original Held–Suarez benchmark in its vertical structure; in our model, we specify a uniform lapse rate of \( 6 \, \text{K km}^{-1} \) to approximate a moist adiabat in the troposphere, which is capped by an isothermal stratosphere. The horizontal structure of the forcing profile is the same as Held–Suarez, following a specified surface temperature meridional distribution \( T_s = 7[1 + \Delta T/(1 - 3 \sin^2 \varphi)] \), where \( T = 285 \, \text{K} \) is the global-mean surface temperature and \( \Delta T = 0.2 \) is a non-dimensional equator-to-pole temperature gradient. The stratospheric cap is specified by not allowing temperatures to drop below 70% of \( T \). The Newtonian cooling time-scale distribution is identical to Held–Suarez.

The second model is an idealized GCM with convective relaxation that has been used in a number of prior studies investigating the general circulation (Schneider 2004; Walker and Schneider 2005, 2006; Schneider and Bordoni 2008; Bordoni and Schneider 2010). The primary differences between this GCM and the Held–Suarez-like model are, first, the Newtonian cooling equilibrium temperature profile is statically unstable, and, second, it includes a simple convective scheme that relaxes temperatures over a uniform 4-h time scale toward a lapse rate of \( \gamma \Gamma_a \), where \( \Gamma_a \) is the dry adiabatic lapse rate and \( \gamma = 0.7 \) mimics the stabilizing effect of condensation (although, again, the model is dry). Also, rather than linear Rayleigh drag, this model uses a quadratic drag formulation within the planetary boundary layer (which has a top of \( \sigma = 0.85 \) rather than at \( \sigma = 0.7 \) as in the Held–Suarez case). See Schneider (2004) for further details.

Simulations are run over a broad range of planetary rotation rates, \( \Omega^* = [1/16, 1/8, 1/4, 1/2, 1, 2] \), where \( \Omega^* = \Omega/\Omega_e \), and \( \Omega_e \) is Earth’s rotation rate. Both models are run at T42 horizontal resolution for rotation rates smaller than that of Earth and at T85 for those with larger rotation rates, because the horizontal scale of circulations contract with increasing rotation rate. Both models use 20 sigma-coordinate levels in the vertical, spaced evenly in the Held–Suarez case and unevenly in the convective adjustment case. Averages are taken over the final 360 days of 1440 simulated days, with 6-hourly snapshots used for calculating eddy fields.

We perform the following data processing on all simulations: 1) quantities are symmetrized about the equator; 2) the Hadley cell strength, \( \Psi_{\text{max}} \), is taken as the maximum over the cell of the overturning mass flux; 3) the quantity \( S/f \) is also taken at the latitude of \( \Psi_{\text{max}} \); and 4) vertical velocities are averaged over the downdraft at the level of maximum Hadley cell mass flux.

The Hadley cell edge is defined conventionally as the latitude where, moving poleward from the latitude and sigma level of the cell center, the mass flux drops to 10% of the cell’s maximum value. The top of the Hadley cell is similarly defined, moving upward rather than poleward.

4. Simulation results

a. General features of large-scale circulation

Before investigating the omega-governor-related fields in detail, we first summarize the overall character of the large-scale circulation. We perform the following data processing on all simulations: 1) quantities are symmetrized about the equator; 2) the Hadley cell strength, \( \Psi_{\text{max}} \), is taken as the maximum over the cell of the overturning mass flux; 3) the quantity \( S/f \) is also taken at the latitude of \( \Psi_{\text{max}} \); and 4) vertical velocities are averaged over the downdraft at the level of maximum Hadley cell mass flux.

The Hadley cell edge is defined conventionally as the latitude where, moving poleward from the latitude and sigma level of the cell center, the mass flux drops to 10% of the cell’s maximum value. The top of the Hadley cell is similarly defined, moving upward rather than poleward.
In the convective-relaxation model, the Hadley cells also generally widen and strengthen with decreasing rotation rate (black contours, left column of Fig. 3). The magnitudes of EMFD (colors in Fig. 3) are comparable to those of the Held–Suarez-like simulations. Perhaps less apparent and unlike the Held–Suarez model, EMFD strengths are nonmonotonic in rotation rate (see Fig. 8d). Zonal-mean zonal winds (black contours in right column) generally spread poleward and strengthen along with the Hadley cell. The $V^* = 2$ case appears to have developed a multijet structure, as is evident in the zonal winds and EMFD.

Eddies generally cool at the edge of the Hadley cell and heat in the extratropics (EHFC; colors in Fig. 4), similar to the Held–Suarez-like simulations. However, the slantwise heat transport is not as clear, especially for $V^* \geq 1$. Compared to the Held–Suarez-like simulations (Fig. 2), the magnitude of eddy heating in the convective-relaxation model simulations is larger for $\Omega^* \geq 1/4$ and weaker for $\Omega^* \leq 1/8$, giving these simulations a more monotonic dependence on rotation rate. This trend suggests that baroclinic instability weakens with decreasing rotation rate.

b. Downdraft-averaged static stabilities, effective heating rates, and vertical velocities

Across the Held–Suarez-like simulations, the static stability is nearly constant, and $Q_{\text{eff}}$ depends very weakly on $\Omega$ (Fig. 5). EHFC and total diabatic heating, $Q_{\text{tot}}$, have weak, but opposite dependence on rotation rate. Remarkably, these dependencies nearly offset one another to give a constant $Q_{\text{eff}}$. Thus the ratio of $Q_{\text{eff}}$ to static stability in (2) is also nearly constant.

Results are similar in the convective-relaxation model. Downdraft-averaged static stability, effective heating, and
vertical velocity are all very weakly dependent on $\Omega^*$ (Fig. 6). Here again, compensation between $[Q_{\text{tot}}]$ and [EHFC] is evident. We speculate about the origins of these scalings in the appendix.

c. Hadley cell strength, downdraft width, eddy stresses, and bulk Rossby number results

Figures 7a–d display the scaling of key characteristics of the Hadley cells with planetary rotation rate for the Held–Suarez-like model simulations, including the width of the downdraft, the strength measured by the maximum mass flux, the vertical pressure velocities averaged over the downdraft, and the bulk eddy stresses divided by the Coriolis parameter, $S/f$, at the location of the maximum Hadley cell mass flux. As noted earlier and in other studies (e.g., Williams 1988a,b; Walker and Schneider 2006; Dias Pinto and Mitchell 2014), the Hadley cell becomes wider and stronger as the rotation rate decreases. As described in the previous section, the downdraft velocity is nearly constant, albeit with some scatter, for the entire range of simulated rotation rates (Fig. 7c). To summarize, this is consistent with the thermodynamic constraint implied by (2) and Fig. 5, namely, that for constant $Q_{\text{eff}}$ and static stability, vertical velocities must also be constant (the “omega governor”). Figure 7d shows the scaling of the bulk eddy stresses divided by the Coriolis parameter, $S/f$, at the location of the maximum Hadley circulation mass flux, which roughly follow a power-law $\sim \Omega^{-0.33}$. In our theory, the Hadley cell mass flux must be consistent with $S/f$. If vertical velocities are fixed as Fig. 7c demonstrates, then according to (9) and (12), both the strength of the Hadley cell $\Psi_{\text{max}}$ and the width of the downdraft, $\sin \phi_h - \sin \phi_m$, should have the same power-law scaling, inherited from the eddy stresses $S/f$. Figures 7a, 7b, and 7d show that the downdraft width ($\sim \Omega^{-0.31}$), Hadley cell mass flux ($\sim \Omega^{-0.30}$) and eddy stresses ($\Omega^{-0.33}$) have effectively the same power-law scalings. This is consistent with the low-Ro theory (12): eddy stresses create momentum demand in the downdraft region, and with fixed Hadley cell downdraft velocity, the cell must respond proportionally by widening or
narrowing to increase or decrease mass flux based on the eddy stress demand.

To visualize how the eddy stresses contribute to the mass flux, Fig. 7e shows the Hadley cell strength $\Psi_{\text{max}}$ plotted against the eddy stresses $S/f$, following Singh and Kuang (2016). From (9), these quantities are proportional to one another with the factor $1 - \text{Ro}$ multiplying the Hadley cell mass flux. If $\text{Ro} = 0$, the bulk eddy stresses are equal to the Hadley cell mass flux (the solid line of Fig. 7e). If $\text{Ro} = 1$, as would be the case in the axisymmetric, nearly inviscid limit, the Hadley cell mass flux is independent of the eddy stresses (the dashed line of Fig. 7e). The values for our suite of simulations are plotted in Fig. 7e, and color-coded by their values of $\Omega^*$. All of our simulations stay closer to the $\text{Ro} = 0$ line than the $\text{Ro} = 1$ line, regardless of the value of rotation rate. The bulk Rossby number as diagnosed from (9), $\text{Ro} = 1 - S/(f\Psi_{\text{max}})$, is shown as a function of $\Omega^*$ in Fig. 7f. There is considerable scatter in Ro values; however, all but the fastest rotation rate, $\Omega^* = 2$, have $\text{Ro} \lesssim 0.5$. The reason for the scatter in Ro is not obvious; however, the sequence of mass streamfunctions and eddy momentum flux divergences in Fig. 1 suggest circulation changes—for instance, a stacked, double-maximum structure in the streamfunction—corresponding to the jumps in Ro. Indeed, the stacked cells appear to be split at or near the top of the boundary layer, 700 hPa, possibly suggesting an important role for boundary layer processes.

For the convective-relaxation simulations, Fig. 8c shows that the vertical velocities averaged over the downdraft are also roughly independent of rotation rate. Figures 8a and 8b show the width and strength increasing with decreasing rotation rate, and with similar power laws of $\sim \Omega^*^{-0.39}$ and $\sim \Omega^*^{-0.36}$, respectively, similar to those of the previous model. But unlike the Held–Suarez-like case the widths and strengths are not straightforward imprints of the $S/f$ scaling (Fig. 8d). Instead, there is a hint of the same scaling for $S/f$ as the Hadley cell strength (dotted line in Fig. 8d) for the fastest three rotation rates, then a large deviation to smaller values of $S/f$ for smaller rotation rates. As planetary rotation slows, the circulation strength deviates from $S/f$ and becomes more angular-momentum conserving (i.e., Ro increases).

In Figs. 8e and 8f, we see that the three largest rotation rates are near the Ro = 0 line, in the range that we expect our theory to be valid. The smaller values of rotation, however, have Ro $\sim 1$, and these are the same cases that deviate from the power law

Fig. 3. As in Fig. 1, but for the convective relaxation model.
in $\Omega^*$ expected for $\text{Ro} \ll 1$ (Fig. 8d). Remarkably and for reasons still unclear (although see section 6), the increase in $\text{Ro}$ exactly offsets the decrease in $S/f$ so that the power laws of the widths and strengths remain the same across low and high values of $\Omega^*$ (Figs. 8a,b).

This case, Fig. 8, illustrates an important feature of the omega governor, namely, that its validity does not depend on the value of $\text{Ro}$. The definition of the streamfunction, (5), makes clear that if the omega governor applies, the strength, $C_{\text{max}}$ and the width of the downdraft, $\sin u_{\text{max}} - \sin u_h$, will have the same scaling with rotation rate. It then remains to determine the scaling of the downdraft width or strength by some other constraint. Additionally, the existence of a robust, $\text{Ro}$-independent power-law scaling suggests there may exist a yet-to-be-determined driving mechanism other than eddy stresses or a thermally direct circulation, on which we provide some speculative arguments further in section 6.

5. Simulations of an idealized moist atmosphere

Considering moist atmospheres, WTG constraints on static stability certainly continue to hold. But with a latent heating distribution that depends interactively on the circulation itself due to evaporation and condensation of moisture, the prospects for a fixed $Q_{\text{eff}}$ become even more remote. And the arguments of Jansen and Ferrari (2013) regarding the extratropical static stability also presume a dry atmosphere. Nevertheless, in an attempt to bridge our results from dry atmospheres to Earth’s moist one, we now explore a final suite of simulations performed with an idealized aquaplanet model.

The aquaplanet features idealized, gray radiation and simplified moist physics and is also based on the same FMS spectral dynamical core (Frierson et al. 2006). Briefly, the model uses a fixed, constant longwave optical depth$^8$ to solve the radiative transfer equation, a simplified convective relaxation scheme for handling moist physics, and a simplified Monin–Obukhov turbulence parameterization. Note that gray radiative transfer is distinct from the Newtonian cooling of the other

$^8$Note the original formulation of longwave optical depth had latitude dependence, which we remove.
The surface is assumed to be a slab of uniform thickness and unlimited water supply. Simulations are run at T42 resolution with 25 vertical levels, and averages are taken over the final 360 of 1440 days. The dependence of the aquaplanet general circulation on rotation rate is qualitatively consistent with that of the other two model forcings (Fig. 9). The Hadley cell widens and strengthens with decreasing rotation rate, zonal-mean zonal winds increase in magnitude and spread poleward, and EMFD generally follows with the edge of the Hadley cell. The magnitude of EMFD is similar to the other model forcings, and the

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Hadley cell is an order of magnitude stronger than the other models. There is also a hint of a double-jet structure at $V^* \approx 1$ and 2, as well as strong, upper-level superrotation.

The magnitudes of EHFC are similar to the Held–Suarez-like and dry-convective simulations, but the diabatic heating (colors in Fig. 10) are significantly larger, especially for small rotation rates. And compared to the dry models, the aquaplanet EHFC does not substantially weaken with decreasing rotation rate, although it does expand poleward with the widening Hadley cell. Qualitatively, there appears...
to be slantwise heat transport as in the Held–Suarez-like case.

Turning to thermodynamic considerations in the Hadley cell downdraft, static stabilities are, as in the dry models, independent of $V^*$ (top panel of Fig. 11). The effective heating, on the other hand, is not fixed; rather, it scales inversely with $V^*$ (middle panel of Fig. 11). Diabatic heating, $[Q_{tot}]$, dominates over EHFC for all $\Omega^*$, which simplifies the interpretation of $[Q_{eff}]$. Note that EHFC only accounts for dry eddy effects, and we include all moist effects in $[Q_{eff}]$, which also includes radiative heating by gray radiation. The dependence of $[Q_{eff}]$ on $V^*$ in the aquaplanet simulations could be due to changes in moisture flux divergence, convection and/or gray radiative transfer, but only the latter two significantly contribute (not shown). Downdraft-averaged vertical velocities inherit the $\Omega^*$ dependence of the effective heating, as they must (Fig. 11c). Whatever the exact cause, the aquaplanet forcing muddles our interpretation by introducing $\Omega^*$ dependence to $[Q_{eff}]$, which renders the fixed-[$\Theta$] assumption of the omega governor invalid.

Perhaps the most important difference between the aquaplanet and dry models is that $[Q_{tot}]$ is an order of magnitude larger in the former (Figs. 5b, 6b, and 11b). As noted earlier, diabatic heating in reanalyses (Wright and Fueglistaler 2013) are closer in magnitude to the dry models than the aquaplanet. But EHFC is of the same magnitude across all models, and as a
result, the compensation with much larger diabatic heating cannot occur in the aquaplanet simulations.

One possible explanation for the large diabatic heating in the aquaplanet model is a strong coupling between the mean circulation and convection. Because the downdraft velocity is no longer independent of rotation rate (Fig. 11c), the magnitude of the convective heating in general depends on the local circulation, which is an effect we have not accounted for (this would be relevant for the convective-relaxation model as well). In principle, dynamical transport of latent heat could introduce rotation-rate dependence, but the simulations do not support this (not shown).

The outlier status of aquaplanet $[Q_{tot}]$ may arise from the fact that while the column-integrated diabatic heating is similar across the three models (not shown), the aquaplanet has large, compensating $[Q_{tot}]$ at low and high levels (Fig. 10) while the dry-stable models do not (Figs. 2 and 4). This column-integrated compensation of diabatic heating allows $[Q_{tot}]$ in the aquaplanet to take on larger values than in the dry-stable models. We describe this phenomenon in more detail in the appendix. Regardless of the exact cause, it seems that the presence of moisture and/or unrealistically large rotation-rate dependence of $[Q_{tot}]$ from the gray radiative transfer scheme may limit the validity of the omega governor.

The value of Ro steeply descends with rotation rate (Fig. 12f), so we might expect complicated dependence of the Hadley cell strength and downdraft width on $\Omega^*$. The eddy stresses scale as $S/f\sim \Omega^{g-0.29}$, and the width ($-\Omega^{g-0.32}$; Fig. 8a) shares nearly the same scaling. Note importantly that aquaplanet downdraft widths scale almost identically to the two dry models (cf. Figs. 7a, 8a, and 12a). But in a major departure from the dry models, this does not match the scaling of the Hadley cell strength ($\sim \Omega^{g-0.74}$; Fig. 8b). Recall, however, that our theory requires $Ro \ll 1$ and that $[\vec{v}]$ must be independent of $\Omega^*$, and neither condition is met for this model. Because of this combination of factors, we do not expect our theory to account for the model behavior. However, it can be seen that the downdraft velocity times the width has approximately the same scaling as $Ψ_{max}$, as is always required by (5). Understanding the scaling of eddy stresses $S/f$ relative to $Ψ_{max}$ requires knowledge of the scaling of (1 − Ro), and this is left to future work.

The aquaplanet model simulations are outliers; our small-Ro scaling (12) does not appear to hold even when the
simulated Ro is small, and $[\mathbf{m}]$ is not constant. Even so, accounting for the dependence of Ro on rotation rate makes the aquaplanet solutions consistent with the more general expression of the theory when Ro is not small, (10). This is of course how it had to be, provided the other conditions leading to (9) are met, but it is nonetheless instructive to see these scalings work well even if vertical velocities are not constant.

6. Discussion and conclusions

a. Results for the updraft

The downdraft width does not directly constrain the total Hadley cell width. What controls the updraft width remains actively researched (Byrne et al. 2018). But a theory for downdraft width combined with a theory for the updraft width (or their ratio) would constitute a complete theory for the total cell width.

In principle, the same arguments leading to an omega governor in the downdraft are applicable in the updraft, since the same leading-order balance should apply. In other words, as long as a three-term balance between vertical advection, diabatic heating, and eddy heat flux divergence holds, and so long as the diabatic plus eddy term divided by the static stability is fixed, the updraft vertical velocity will be fixed also. However, taking the convective-relaxation model as an example, though the updraft-averaged static stability remains fixed across rotation rates in our simulations, the updraft-averaged $\omega$ varies strongly with rotation. Lapse rates in the updraft of the Held–Suarez-like simulations are similarly invariant, but $Q_{\text{eff}}$ and vertical velocities are not. In contrast, aquaplanet simulations have essentially identical scalings in the updraft and downdraft (not shown). We leave the explanation of these phenomena to future work.

Nevertheless, as the overlain red dots in Figs. 7a, 8a, and 12a showing the total Hadley cell width demonstrate, to first order in all three models the total cell width and downdraft width do share a similar scaling, even when moisture is present. As rotation rate decreases and the overall cell expanse grows, equivalent downdraft and total width scalings amount to either the updraft widening at about the same rate as the downdraft, or a fixed updraft width and a widening downdraft.

Fig. 10. As in Fig. 2, but for the idealized moist GCM.
Other lines of argument link the updraft and downdraft widths, notably those of Watt-Meyer and Frierson (2019): the narrower the updraft, the larger the planetary angular momentum values imparted to the free troposphere, therefore, the larger the meridional shear as parcels move poleward (absent compensating changes in eddy stresses), and thus a more equatorward onset of baroclinic instability and with it the cell edge (Held 2000; Kang and Lu 2012).

b. Role of Ekman pumping

As noted earlier, all three models have nearly identical scalings for Hadley cell widths with rotation rate, \( \sin \phi_h \sim \Omega^{5/3} \) (Figs. 7a, 8a, and 12a). What is the origin of this universal scaling? And in the convective relaxation model, how does the strength decouple from eddy stresses in such a coordinated fashion (Figs. 8b,d)?

A possible mechanism worth considering is how Ekman pumping drives or regulates the circulation. The standard paradigm assumes the boundary layer is passive to free-tropospheric “driving” mechanisms; Ekman pumping must adjust to provide continuity of mass flux along the bottom edge of the Hadley cell. However, causality is impossible to determine in balance dynamics, and therefore, Ekman pumping should be considered a candidate “driving” mechanism. For instance, a novel picture of Hadley cell dynamics emerges that may apply in the \( \alpha = -\frac{\Omega^2}{f} \) limit. Heuristically, the chain of logic of the adjustment to equilibrium is as follows: 1) the mean circulation adjusts the relative vorticity; 2) the omega governor fixes vertical velocities which must match the Ekman pumping/suction; 3) the width adjusts so that \( \Omega \sim f \) (making \( \alpha \sim 1 \)); 4) the Hadley cell strength adjusts; 5) \( \Omega \) adjusts to the circulation; and 6) the adjustment loop repeats. Exactly how this mechanism, if operable in the \( \alpha \sim 1 \) limit, matches scalings with \( \Omega^* \) in the \( \alpha \ll 1 \) limit is unclear. Further progress requires an analysis of the effects of different model boundary layer parameterizations on Ekman pumping and suction, but we leave this to future work.

c. Hadley cell behavior in simulations exhibiting \( \alpha \sim 1 \)

Figure 8 makes clear that large-\( \alpha \) simulations do not simply follow the scalings predicted by axisymmetric, inviscid theory. The scalings in all three models are inconsistent with axisymmetric, nearly inviscid theory, which predicts in the small-angle approximation that the strength and width scale separately as \( \Omega^{5/3} \) and \( \Omega^{-1} \) (Held and Hou 1980). In fact, axisymmetric scaling would imply \( \omega \sim \Omega^{-2} \), not the constant vertical velocities obtained in our dry simulations. Instead, we speculate that Ekman pumping drives vertical velocities that by continuity are limited by the omega governor, and the circulation arranges the vorticity to meet the two constraints, the details of which are determined by the boundary layer friction parameterization. As the convective-relaxation and aquaplanet models make clear, changes in \( S/f \) are typically offset by changes in \( \alpha \) in a coordinated fashion such that \( \Psi_{\text{max}} \) has a single, shallow power law. This qualitative behavior is also apparent in non-eddy-permitting simulations with imposed eddy stresses (Singh and Kuang 2016), which could indicate that the circulation adjusts to changes in eddy stresses rather than boundary layer Ekman pumping.

d. Conclusions

We have presented a new perspective on the Hadley cell descending branch width that relies on vertical velocities in the Hadley cell downdraft being roughly independent of rotation rate. In the \( \alpha \ll 1 \) limit, the Hadley cell mass flux must provide for the momentum demand of breaking extratropical eddies, and constant vertical velocities dictate that the width and the strength scale with the bulk eddy stresses divided by
the planetary vorticity, $S/f$. The latter quantity scales relatively weakly with rotation rate as compared to predictions of axisymmetric, inviscid theory (Held and Hou 1980), and as a result so do the Hadley cell downdraft width and strength. This theory was tested in simulations with three GCMs over two orders of magnitude in rotation rate. Single-power-law scalings for Hadley cell widths and strengths are present in all models—weaker than predicted in axisymmetric theory—despite displaying a wide and varying range of Ro.

Our scaling works well in simulations with Held–Suarez-like forcing. Vertical velocities in the downdraft are constant, which is consistent with the near-constant effective (diabatic plus eddy) heating rates and lapse rates in these simulations. The Hadley cell downdraft width and strength have the same rotation rate scaling as $S/f$, as our omega governor theory predicts. Notably, Ro $< 1$ for all rotation rates but it is not necessarily small; despite this our scaling holds.

In analogous simulations in an idealized, dry GCM that includes a convective relaxation parameterization, $S/f$ has a nonmonotonic scaling with rotation rate, with a negative power law at large rotation rates and a positive one at small rotation rates. Despite this, the width and the strength follow a single power law in rotation rate, because at weak rotation rates the positive power law in $S/f$ is compensated by a negative one in Ro. This Ro compensation is currently not well understood. One possibility is that as the Hadley circulation strengthens and widens with decreasing $V^*$, it becomes shielded from the influence of extratropical eddies in a manner similar to the monsoonal circulations (Bordoni and Schneider 2008; Schneider and Bordoni 2008). We also outlined a novel possibility.

Fig. 12. As in Fig. 7, but for the idealized moist GCM.
namely, that omega-governed vertical velocities coordinate with Ekman suction in the downdraft region to adjust the cell width and vorticity profiles; importantly, these twin constraints do not depend on the value of Ro. This may help account for how the cell widens and strengthens as in the Held–Suárez-like case, but it also becomes appreciably less eddy driven (as measured by the bulk Rossby number spanning Ro $\ll 1$ to Ro $\sim 1$). Regardless of Ro, downdraft velocities and the effective heating are nearly independent of rotation rate, and as such the omega governor applies across the entire range of simulations, ensuring that the downdraft width and strength share the same scaling across the entire range.

In an idealized moist GCM, our omega governor theory breaks down because Ro and vertical velocities in the downdraft vary significantly with rotation rate. Eddy stresses and downdraft widths are somewhat weakly dependent on rotation rate. The strength has a considerably steeper power law. However, the value of Ro systematically varies with rotation rate, and accounting for the dependence of Ro on rotation rate gives a consistent scaling according to (9) provided Ro $< 1$. Thus, despite the omega governor being invalid for the moist convective model forcing case, the theory provides a good empirical fit to the width and strength given the vertical velocities, eddy stresses, and Ro. Furthermore, the model scalings are consistent with the Ekman constraints outlined above.

The aquaplanet forcing is an outlier because its diabatic heating is an order of magnitude larger than in the dry forcing, while eddy heating is similar in magnitude across all forcings. Convection, radiation and/or perhaps a coupling of one or both with the mean circulation are likely culprits. Regardless of the cause, the omega governor is rendered invalid for the aquaplanet forcing because compensation between eddy and diabatic heating cannot occur. The magnitude of diabatic heating in observations compares favorably to the dry models, but not the aquaplanet. This is at least consistent with the eddy-diabatic compensation, and with it the omega governor, occurring in the real atmosphere. Repeating our suite of simulations with a more comprehensive model forcing would be a good test of this assertion, which we leave to future work.

Notably, all three model configurations have somewhat similar scalings for the downdraft width, $\sim \Omega^*-1/3$, which may suggest a universal driving mechanism. Consideration of Ekman balance indicates that the omega governor may coordinate with Ekman suction in the downdraft region by adjusting the background vorticity profile, likely by changing the Hadley cell width. Importantly, this Ekman-omega-governor model of the Hadley cell is independent of the value of Ro, unlike other theories. A detailed accounting of these effects as well as model scalings with other external parameters (planetary radius, equator-to-pole temperature/insolation gradient, etc.) will be explored in future work.

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APPENDIX

What Accounts for Nonfixed $[\mathcal{E}]$ in the Aquaplanet Model?

The aquaplanet is nominally the model closest to reality (despite remaining highly idealized). Some speculation is therefore warranted on why the omega governor predictions are less accurate in that model—and whether it is in fact the most realistic for the questions under consideration.

In the models without latent heating, $|\mathcal{E}|$ scales weakly and positively with $\Omega^*$ while $|Q_{\text{tot}}|$ scales weakly and negatively, and because they are similar in magnitude, increasing $|\mathcal{E}|$ offsets decreasing $|Q_{\text{tot}}|$ (Figs. 5a and 6a). In the aquaplanet model, $|\mathcal{E}|$ varies across simulations by a comparable amount to the two dry models ($-0.5 \text{ K day}^{-1}$); however, $|Q_{\text{tot}}|$ varies by close to an order of magnitude more ($-3 \text{ K day}^{-1}$), so this compensation cannot occur (Fig. 11).

We now put forward heuristic arguments to explain the opposite-signed scalings of $|Q_{\text{tot}}|$ and $|\mathcal{E}|$ with $\Omega^*$, appealing to top-of-atmosphere radiative imbalance for diabatic heating and a diffusive approximation for eddy heat fluxes. In the dry-stable model simulations, column-integrated $Q_{\text{tot}}$ is proportional to the difference between the vertical integral of potential temperature and that of the prescribed Newtonian cooling equilibrium potential temperature; in the aquaplanet model it is the difference between the insolation and the outgoing longwave radiation. Despite these differences in formulation, column-integrated $Q_{\text{tot}}$ is comparable in all three models (not shown).

If this is true, how can $|Q_{\text{tot}}|$ be significantly larger in the aquaplanet model than in the dry-stable models? At most latitudes within the aquaplanet downdraft, $Q_{\text{tot}}$ takes its column-extremal value near the level of $\Psi_{\text{max}}$, with large, negative diabatic heating in most of the free troposphere but offsetting large, positive heating in the boundary layer (Fig. 10). This makes the column-integrated $Q_{\text{tot}}$ much smaller than its $\Psi_{\text{max}}$ level value, which is how column-integrated $Q_{\text{tot}}$ is the same order of magnitude across all three models while $|Q_{\text{tot}}|$ is not.

(Repeated from section 2.) Column-integrated $Q_{\text{tot}}$ varies weakly across all models (not shown), increasing in magnitude as $\Omega^*$ decreases and the Hadley cell extends poleward. Separately, the regions of positive and negative column-integrated $Q_{\text{tot}}$ approximately exhibit “equal-area” behavior (Held and Hou 1980), in that the meridional- and column-integrated $Q_{\text{tot}}$ over the tropics vanishes. Therefore, as

$^9$ $|\mathcal{E}|$ appears to switch sign in the dry convective model at $\Omega^* = 1/4$, which we interpret as a transition from $|\mathcal{E}|$ to $\Omega^* < 1/8$ to a positive scaling for $\Omega^* \geq 1/4$.

$^{10}$ The equal-area construction technically only applies to an axisymmetric, inviscid atmosphere, but similar constraints can be derived for nonaxisymmetric atmospheres for instance by parameterizing eddy processes as downgradient diffusion on the axisymmetric state.
rotation rate is decreased and the cells widen, column-integrated $Q_{tot}$ of the downdraft (updraft) grows in magnitude, becoming more negative (positive). As noted above, this behavior of column-integrated $Q_{tot}$ is not identical to that of $Q_{tot}$ at the cell-center level, but the two are of the same sign. Thus, we arrive at our understanding of how $Q_{tot}$ scales negatively with rotation rate.

As stated above, $[Q_{tot}]$ in the aquaplanet model overwhelms [EHFC] (Fig. 11b), and the compensation between them that leads to the omega governor cannot occur in that model. The question then becomes, Are the simulated $[Q_{tot}]$ magnitudes in the aquaplanet model realistic? Reanalyses show that diabatic heating in the real atmosphere (Wright and Fueglistaler 2013) is typically smaller in magnitude than in our aquaplanet simulations, likely indicating the aquaplanet $[Q_{tot}]$ magnitudes are unrealistically large. In contrast, $[Q_{tot}]$ in the dry convective and Held–Suarez-like simulations are similar in magnitude to the reanalyses, indicating that, relative to the aquaplanet, these models more accurately portray the magnitude of diabatic heating in the real atmosphere.

For the scaling of [EHFC], we use a downgradient diffusive approximation to the eddy heat flux at the Hadley cell edge: $\text{EHF} \sim L_d \partial_y \langle \text{v}^* \rangle$, with cell-edge eddy mixing length $L_d$, eddy velocity $\text{v}^* = \sqrt{2\text{EKE}}$, eddy kinetic energy EKE, and meridional potential temperature gradient $\partial_y \langle \text{v}^* \rangle$. Thermal wind balance results in a concentration of the meridional temperature gradient in the region of the subtropical jet, which in turn is roughly collocated with the Hadley cell edge. With this in mind, we assume $\partial_y \langle \text{v}^* \rangle \sim L_d / L_q$. A reasonable guess is that the mean state is geostrophically balanced in which case $L_q$ should scale with the deformation radius, $L_q = NH/\Omega f$, with buoyancy frequency $N$, scale height $H$ and Coriolis parameter $f$ all measured at the cell edge (the former two are roughly fixed). Taken together, these assumptions imply $L_q \sim L_d \sim f^{-1}$. In the Held–Suarez-like simulations, the cell-edge Coriolis parameter is $f = 2\Omega \sin \phi_y \sim \Omega^{2/3}$ (see Figs. 7a,c), so the potential temperature gradient scaling we would expect is $\partial_y \langle \text{v}^* \rangle \sim \Omega^{2/3}$.

However, the scaling of simulated temperature gradients at the edge of the Hadley cell is considerably shallower than this, instead scaling inversely with the Hadley cell width: $\partial_y \langle \text{v}^* \rangle \sim \Omega^{1/3}$ (not shown). The reason for this weaker scaling is uncertain.\footnote{Perhaps $\partial_y \langle \text{v}^* \rangle$ is fixed and the gradient length scales with the Hadley cell width, $L_q \sim L_d$.}

We proceed taking it as an empirical constraint. It remains to determine the scalings of $\text{v}^*$ and $L_q$. A reasonable assumption for baroclinic eddies is that EKE scales with the mean available potential energy (MAPE), and by this connection $\text{v}^* \sim \sqrt{2\text{EKE}}$ also scales with MAPE. Generally, MAPE should increase with increasing $\Omega^2$ as geostrophically balanced density surfaces steepen. By these arguments, $\text{v}^*$ also scales positively with $\Omega^2$, but perhaps weakly so because of the square root dependence on EKE. The scaling is indeed weakly positive in the simulations, $\text{v}^* \sim \Omega^{1/10}$ (not shown). Last, we assume the eddy mixing length scales with the deformation radius, $L_d \sim L_d \sim \Omega^{2/3}$. Assembling our scalings for $L_q$, $\text{v}^*$, and $\partial_y \langle \text{v}^* \rangle$, we find $\text{EHF} \sim \Omega^{4/3} + f^{-1}$.

The final step is to connect EHF at the Hadley cell edge with [EHFC]. The former typically peaks at or near the Hadley cell edge and vanishes at the equator. It follows that [EHFC] is approximately EHF at the Hadley cell edge divided by the Hadley cell width: $\text{EHFC} \sim \text{EHF}/L_d$. Since $L_d \sim \Omega^{-1/3}$ and $\text{EHF} \sim \Omega^{4/3} + f^{-1}$, our diffusive approximation predicts $\text{EHFC} \sim \Omega^{1/10}$, i.e., a weakly positive scaling of EHFC with rotation rate.

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